


Service provided by:




**Hammersmith & Fulham  
Musculoskeletal Service**


**Did you know that you can self-refer to your local  
physiotherapy service without the need to see your GP?**



I completed an  
immediate digital  
initial assessment  
via PhysioNow®



You can refer  
yourself into  
the service  
24/7



Visit  
[www.connecthealth.  
co.uk/resources/  
physionow](http://www.connecthealth.co.uk/resources/physionow)



Alternatively, please call  
**0203 795 3426** and our Patient Care  
Coordinators will be happy to help.

 Lines are open Mon-Fri 8.30-17.00

## Additional Information

- Scan to access information or resources online.
- You can self-refer to the service if you are over 16 years of age.
- If your problem relates to a fracture, long COVID, recent operation or women's health please speak to your GP.
- A family or friend can refer you to the service if you are unable to do so. Please note that they will need to provide your name, date of birth, address and NHS number.
- Your data is safe with us. You can access our Privacy Policy at [www.connecthealth.co.uk/policies](http://www.connecthealth.co.uk/policies)



We look forward to helping you achieve your goals.